7th Grade

Personal & Consumer Health

|  |
| --- |
| **Statement of Inquiry:** Knowing the relationships we have with the environment helps dictates our interactions.  **Factual—** What is an infectious disease?  **Conceptual—** How does the risk of contracting an infectious disease impact how we interact with each other?  **Debatable—** Should schools have strict rules preventing students from attending school if they have a communicable disease? |

7th Grade

Nutrition & Physical Activity

|  |
| --- |
| **Statement of Inquiry:** There is a relationship between balanced choices and positive outcomes.  **Factual:** What are nutrient dense foods?  **Conceptual:** What is the relationship between caloric balance and weight management?  **Debatable:** Should fast food restaurants be required to place medical disclaimers on their foods like tobacco products? |

7th Grade

Mental & Emotional Health

|  |
| --- |
| **Statement of Inquiry:** How we perceive ourselves and those around us is a function of our interactions.  **Factual:** What are stressors?  **Conceptual:** Why is mental health overlooked when it comes to overall health?  **Debatable:** Should we treat and approach mental health with the same concern as physical health? |

7th Grade

Alcohol, Tobacco, & Other Drugs

|  |
| --- |
| **Statement of Inquiry:** Communication and exchange of knowledge dictates the choices we make.  **Factual:** What affect does using drugs have on the brain?  **Conceptual:** Why are drugs commonly used as a coping mechanism for the stressors of life?  **Debatable:** Given the statistics, should drug education be reformed in schools? If so, how? |

7th Grade

Reproductive Health & Safety Education

|  |
| --- |
| **Statement of Inquiry:** Developing a knowledge base is often accompanied by sound choices.  **Factual:** How are STDs/STIs transmitted?  **Conceptual:** Why are some STD’s more harmful than others?  **Debatable:** Which is more effective in reducing STD’s/STI’s: Abstinence Only or Safer Sex education? |